



Malad Kandivli Education Society's

M.K.E.S. COLLEGE OF LAW

ISO 9001 : 2015 Certified

Bhavishya Bharat Campus, S. V. Road, Malad (West), Mumbai - 400 064.

Tel : 28010607 | E-mail : mkeslawcollege@nkc.ac.in

Website : www.mkescollegeoflaw.ac.in

Life skills (Yoga, physical fitness, health and hygiene) 2017-2018 to 2021-2022

Mr. Mahendrakumar Yadav

I/c Principal



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3. Life skills (Yoga, physical fitness, health and hygiene) 2017-2018 to 2021-2022				
Sr. No.	List of Programs conducted for Life skills (Yoga, physical fitness, health and hygiene)	No of Students participated	Date	Pg. no.
2017-2018				
1	Health through Mudras and Reflexology	56	23-09-2017	1-5
2018-2019				
2	Balancing Life through Yoga	72	24-11-2018	6-10
3	Swacch Bharat Abhiyaan : Health and Hygiene	64	12-01-2019	11-15
2019-2020				
4	Yoga for better Living	70	23-08-2019	16-20
5	Causes & impact of Environment Pollution	56	14-09-2019	21-25
2020-2021				
6	Stress Management through Sahaja Yoga	65	21-06-2020	26-31
7	Power of Gratitude 18-11-2020 Stress Management with Gratitude 19-11-2020 Time Management with Gratitude 20-11-2020 Gratitude min-set for growth and wellness	52	18-11-2020 to 20-11-2020	32-37
2021-2022				
8	Holistic Development through Sahaja Yoga	76	04-09-2021	38-43
9	Crime Against Women and need for Self-Defense	77	02-03-2022	44-49
10	Can You be Healthy Forever?	56	21-06-2022	50-55

Mr. Mahendrakumar Yadav

I/c Principal



M.K.E.S. COLLEGE OF LAW

NOTICE

19th August 2019

All the students are hereby informed that there will be a workshop titled "YOGA FOR BETTER LIVING" on 23rd August 2019. The workshop will be conducted in room no, 205 from 12.30 p.m. onwards.

Date: 23rd August, 2019
Time: 12.30 p.m. onwards

Issued by

Varsha D. Vyas

I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064



V. R. Dube

Dr. Vandana Dube
I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

Varsha D. Vyas
Asst. Prof. Varsha D. Vyas
Convener
Guest Lecture Committee





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Malad Kandivli Education Society's
M.K.E.S. COLLEGE OF LAW
Bhavishya Bharat Campus, S. V. Road, Malad (West), Mumbai - 400 064.
Tel : 28010607 / 28085424 / 28086427 Fax : 28650461

INVITATION LETTER

19th August 2019

To,
Dr. Vidyadayini Shetty
Nagindas Khandwala College
Bhavishya Bharat Campus,
S.V. Road, Malad (west),
Mumbai 400 064.

Respected Madam,

The Guest Lecture Committee of M.K.E.S College of Law, takes great privilege in inviting you as a speaker on "YOGA FOR BETTER LIVING". Your presence and words of wisdom will enlighten the students to take their way forward in the legal arena.

Date: 23rd August, 2019
Time: 12.30 p.m. onwards

Thanking you in anticipation,
Yours sincerely,

V. R. Dube

Dr. Vandana Dube

I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

Varsha D. Vyas
I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

Asst. Prof. Varsha D. Vyas

Convener, Guest Lecture Committee



*Recd
VRS Shetty*



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Tel : 28010607 / 28085424 / 28086427 Fax : 28650461

GRATITUDE LETTER

23rd August, 2019

To,
Dr. Vidyadayini Shetty
Nagindas Khandwala College
Bhavishya Bharat Campus,
S.V. Road, Malad (west),
Mumbai 400 064.

Respected Madam,

On behalf of The Guest Lecture Committee of M.K.E.S College of Law, Malad (W), Mumbai, we express our heartfelt gratitude for conducting a Workshop on "YOGA FOR BETTER LIVING".

It was truly an enriching experience for the students, faculty members and participants of the guest workshop.

We look forward to many more such sessions and a long-term association with you.

Thanking you,

Yours sincerely,

V.R. Dube

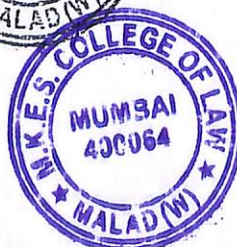
Dr. Vandana Dube
I/C PRINCIPAL
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Malad (West), Mumbai - 400 064

Asst. Prof. Varsha D. Vyas

Asst. Prof. Varsha D. Vyas
Convener, Guest Lecture Committee

M. G. G. G.

I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064



*Recd
V.R. Shetty*

YOGA FOR BETTER LIVING

23-08-2019

Sr No.	Name of Student	Class	Roll. No	G.R. No.	Sign
1	JANANI RIYA ANIL	FYLLB	56	LLB0757	R.I
2	KADAM SHWETA SANTOSH	FYLLB	65	LLB0766	S.Kadam.
3	JHA BHASKAR KUMAR	FYLLB	57	LLB0758	J.Bhaskar
4	KACHARIA KEMY JIGNESH	FYLLB	62	LLB0763	K.Kacharia
5	KADAM MADHU SHANKAR	FYLLB	63	LLB0764	Madhu.K.
6	JOGADIA VIMALA VALJI	FYLLB	59	LLB0760	Vimala.J.
7	JOSHI GARGI RAJESH	FYLLB	61	LLB0762	Gargi.
8	KADAM SANGEET SANJAY	FYLLB	64	LLB0765	Sangeet.K.
9	JOSHI AJAY	FYLLB	60	LLB0761	Ajay.
10	JIVRAJANI RONAK PRAKASH	FYLLB	58	LLB0759	P.P.Jivrajani
11	SURANA YASHI NARESH	FYBLS	99	BLS0557	Y.Surana
12	SOOD ESHIKAA	FYBLS	97	BLS0555	Eshikaa.Sood
13	SHAIKH SHAISTA LAIQUE AHMED	FYBLS	90	BLS0548	Shaista Shaikh
14	SHAIKH SHAMSHAD HAROON	FYBLS	91	BLS0549	Shamshad
15	SHAH YASHVI ASHWIN	FYBLS	89	BLS0547	Yashvi.S.
16	SHETTY SHEEJAL KESHAV	FYBLS	94	BLS0552	Sheeja Shetty
17	SHARMA PRIYANSHI	FYBLS	92	BLS0550	Priyanka
18	SINGH ANUBHAV RAJESH	FYBLS	96	BLS0554	Anubhav Singh
19	SIDDIQUI FAHAD ALIM	FYBLS	95	BLS0553	Fahad S
20	SUCHAK PALAK JANAK	FYBLS	98	BLS0556	Suchak.
21	SHETTY GAURANG MANOJ	FYBLS	93	BLS0551	Gaurang.S.
22	JAIN SHREYA PRAKASH	TYBLS	23	BLS0305	Shreya Jain
23	JHAVERI DARSHI HETAL	TYBLS	25	BLS0309	Harshi
24	KACHEY KAUSTUBH KISHAN	TYBLS	27	BLS0224	K.K.Kachey
25	JHA ANKIT VASHISHAT	TYBLS	24	BLS0307	Ankit
26	KADAM AMEYA HEMANT	TYBLS	28	BLS0311	Ameya K
27	KHADE PRAJAKTA BALU	TYBLS	30	BLS0315	P.Kadam.
28	KHAN SHAH ALAM	TYBLS	31	BLS0362	Shah
29	KAREKAR AKSHAY SANJAY	TYBLS	29	BLS0313	Akshay.
30	JOSHI SAKSHI RUPESH	TYBLS	26	BLS0310	Sakshi
31	KHONA KRUTIKA CHETAN	TYBLS	32	BLS0138	K.Khona
32	BHOSALE SWARA DINESH	FRTBLS	2	BLS0203	Swara.
33	CHAUDHARY HARSH SHYAMSUNDER	FRTBLS	3	BLS0121	Harsh Chaudhary.
34	DUBEY ROSHNI SHIVKUMAR	FRTBLS	8	BLS0210	Roshni
35	JAIN PIYUSHA ARVIND	FRTBLS	20	BLS0221	Roshni Piyusha
36	GODBOLE NIKHIL KISHORE	FRTBLS	9	BLS0212	N.K.Godbole
37	GOLE AKSHAY PRADEEP	FRTBLS	10	BLS0213	Akshay Gole
38	JAIN MANALI MANGAL	FRTBLS	18	BLS0220	Manali
39	INDULKAR DURVA SUHAS	FRTBLS	13	BLS0363	Durva
40	BAROLIA NISHANK KANHAIYALAL	FRTBLS	1	BLS0202	B.Nishank
41	DUBE VISHAKHA TUSHAR	FRTBLS	7	BLS0209	Vishakha
42	CHIRAWAWALA HARSHADA VINAY	FRTBLS	4	BLS0204	Harshada.
43	JADHAV SHRADDHA POPAT	FRTBLS	14	BLS0216	S.Jadhav
44	DESAI SAKSHI MILIND	FRTBLS	5	BLS0206	Desai
45	JADHAV SHREYA GANESH	FRTBLS	15	BLS0217	Shreya.J.
46	DHANUKA SHREYA KAMAL	FRTBLS	6	BLS0208	Shreya
47	JADYAL PRANAV SHASHIKANI	FRTBLS	16	BLS0218	P.Jadyal
48	JAIN DISHA SHOKIN	FRTBLS	17	BLS0219	D.Ksha
49	JAIN MANSI AMRITLAL	FRTBLS	19	BLS0132	M.A.Jain.
50	GOME NEHA TUSHAR	FRTBLS	11	BLS0214	Neha.
51	IGAVE SRUSHTI BALRAJ	FRTBLS	12	BLS0215	Shrushti.
52	LAKHANI JAY BHARAT	SYLLB	61	LLB0583	Jay Lakhani
53	MAYEKAR TANVI VINOD	SYLLB	62	LLB0584	Tanvi M.
54	LOHANA KISHAB DEEPAK	SYLLB	63	LLB0585	Khona. J. Lohana

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Malad (West), Mumbai - 400 064



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55	MANEK CHAITALI DINESH	SYLLB	67	LLB0589	Chaitali Manek
56	MARU RIDDHI MANOJ	SYLLB	68	LLB0590	Riddhi
57	MEHTA DHARA SANJAY	SYLLB	71	LLB0593	Dhara M.
58	MALLICK SAMRAT SAPAN	SYLLB	66	LLB0588	SS Mallik
59	LIMBACHIA HARSHHIKA KAMLESH	SYLLB	62	LLB0584	H. Limbachia
60	MITKARI CHAITALI CHANDRASHEKHAR	SYLLB	75	LLB0598	Chaitali
61	MATHURIA NIKITHA RAJESH	SYLLB	69	LLB0591	Nikitha
62	MAHALINGAM SANGIT	SYLLB	64	LLB0586	Sangit
63	NATHWANI AMAN BIPIN	SYLLB	77	LLB0600	Aman N.
64	MAKWANA KEVIN VINODBHAI	SYLLB	65	LLB0587	A.S. Laddha
65	LADDHA AARTI SHARAD	SYLLB	60	LLB0582	Pratiksha
66	MEHTA PRATIKSHA KISHOR	SYLLB	73	LLB0595	Sejal
67	MEHTA SEJAL MEHUL	SYLLB	74	LLB0596	Riddhi
68	NAIK RIDDHI VIJAY	SYLLB	76	LLB0599	Pooja
69	MEHTA POOJA SANJAY	SYLLB	72	LLB0594	Vya
70	OZA YASH CHETAN	SYLLB	79	LLB0601	

M. Syadon
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Malad (West), Mumbai - 400 064



Ay
ASST PROF VARSHA VYAS
GUEST LECTURE COMMITTEE CONVENOR

V. R. Dube
I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064.



M.K.E.S. COLLEGE OF LAW

NOTICE

9th September 2019

All the students are hereby informed that there will be a guest lecture titled "CAUSES AND IMPACT OF ENVIRONMENT POLLUTION" on 14th September 2019. The workshop will be conducted in room no, 206 from 12.30 p.m. onwards.

Date: 14th September, 2019
Time: 12.30 p.m. onwards

Issued by

V. R. Dube

Dr. Vandana Dube
I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

Varsha D. Vyas
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Asst. Prof. Varsha D. Vyas
Convener
Guest Lecture Committee





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Malad Kandivli Education Society's

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Bhavishya Bharat Campus, S. V. Road, Malad (West), Mumbai - 400 064.

Tel : 28010607 / 28085424 / 28086427 Fax : 28650461

INVITATION LETTER

9th September 2019

To,
Asst.Prof. Amrita Agarwal
Nagindas Khandwala College
Bhavishya Bharat Campus,
S.V. Road, Malad (west),
Mumbai 400 064.

Respected Madam,

The Guest Lecture Committee of M.K.E.S College of Law, takes great privilege in inviting you as a speaker on "CAUSES AND IMPACT OF ENVIRONMENT POLLUTION". Your presence and words of wisdom will enlighten the students to take their way forward in the legal arena.

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Yours sincerely,

V. R. Dube

Dr. Vandana Dube

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M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

Vyas

Asst. Prof. Varsha D. Vyas
Convener, Guest Lecture Committee



Vandana

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M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064

*Received
Amrita*





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Tel : 28010607 / 28085424 / 28086427 Fax : 28650461

GRATITUDE LETTER

14th August, 2019

To,
Asst. Prof. Amrita Agarwal
Nagindas Khandwala College
Bhavishya Bharat Campus,
S.V. Road, Malad (west),
Mumbai 400 064.

Respected Madam,

On behalf of The Guest Lecture Committee of M.K.E.S College of Law, Malad (W), Mumbai, we express our heartfelt gratitude for conducting a Workshop on "CAUSES AND IMPACT OF ENVIRONMENT POLLUTION" on 14th September, 2019.

It was truly an enriching experience for the students, faculty members and participants of the guest workshop.

We look forward to many more such sessions and a long-term association with you.

Thanking you,

Yours sincerely,

V. R. Dube

Dr. Vandana Dube

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Malad (West), Mumbai - 400 064

Vyas

Asst. Prof. Varsha D. Vyas
Convener, Guest Lecture Committee

V. R. Dube
I/C PRINCIPAL
M.K.E.S. COLLEGE OF LAW
Malad (West), Mumbai - 400 064



Received
Amrita



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ATTENDANCE LIST

CAUSES & IMPACT OF ENVIRONMENT POLLUTION 14-9-2019

Sr No.	Roll. No.	G.R. No.	Name of Student	Class	Sign
1	112	BLS0570	VISARIA RASHI VASANT	FYBLS	
2	47	BLS0505	KATKAR OMKAR CHANDRAKANT	FYBLS	
3	26	BLS0484	DUKLE SHRUTI MILIND	FYBLS	
4	77	BLS0535	RANE RUTUJA SUDESH	FYBLS	
5	58	BLS0516	NAIR PRIYANKA SHASHI	FYBLS	
6	105	BLS0563	THAKKARR HARRSHIT SANJAY	FYBLS	
7	98	BLS0556	SUCHAK PALAK JANAK	FYBLS	
8	37	BLS0495	JAIN REET MUKESH	FYBLS	
9	5	BLS0463	BABAR VEDANT PARMESHWAR	FYBLS	
10	55	BLS0426	POLA DEV JAGDISH	SYBLS	
11	21	BLS0385	JAIN DIVESH DILIP	SYBLS	
12	36	BLS0402	MAKWANA HITI RAJESH	SYBLS	
13	10	BLS0374	DESAI TANAYA CHANDRAKANT	SYBLS	
14	23	BLS0387	JAIN HARSHITA MAHAVIR	SYBLS	
15	67	BLS0441	SHINDE VIJAY MADHAV	SYBLS	
16	46	BLS0413	MODI SHREYA BIMAL	SYBLS	
17	58	BLS0430	RAICHURA MANSI ASHISH	SYBLS	
18	45	BLS0412	MISTRY JAYENDRA OMPRAKASH	SYBLS	
19	3	BLS0368	BOHRA DARSHIL LALIT	SYBLS	
20	79	BLS0454	YADAV HARSH LALJI	SYBLS	
21	66	BLS0355	VED NISHI HITESH	TYBLS	
22	36	BLS0322	MEHTA RONISH SANJAY	TYBLS	
23	6	BLS0364	BEKAL SAGRIKA SHASHIDHAR	TYBLS	
24	45	BLS0333	SANE ANIKET PRASHANT	TYBLS	
25	20	BLS0302	GOENKA PUSHTI SANJAY	TYBLS	
26	12	BLS0298	DHANAK JANHAVI GIRISH	TYBLS	
27	52	BLS0341	SHAH KHUSHI NITIN	TYBLS	
28	68	BLS0358	YADAV NEERAJ JAWAHAR	TYBLS	
29	60	BLS0349	SUTHAR PAYAL BASTIMAL	TYBLS	
30	31	BLS0362	KHAN SHAH ALAM	TYBLS	
31	5	BLS0206	DESAI SAKSHI MILIND	FrBLS	

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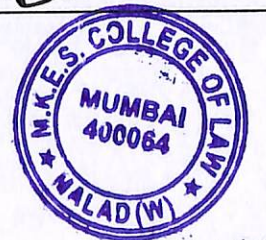
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32	42	BLS0246	RAJAWAT JENY HASMUKH	FrBLS	
33	24	BLS0228	KINKAR PRERNA DEEPAK	FrBLS	<i>[Signature]</i>
34	57	BLS0263	SHETTY SANKET SUKUMAR	FrBLS	<i>[Signature]</i>
35	37	BLS0243	PATEL SEJAL SAVJI	FrBLS	<i>[Signature]</i>
36	14	BLS0216	JADHAV SHRADDHA POPAT	FrBLS	<i>[Signature]</i>
37	65	BLS0273	THAKUR VAKSHI SANJEEV	FrBLS	<i>[Signature]</i>
38	81	LLB0782	MANIAR DHARMI RUPESH	FYLLB	<i>[Signature]</i>
39	51	LLB0752	JAIN HARSHITA PRAMOD	FYLLB	<i>[Signature]</i>
40	37	LLB0738	GADA BHAVIN POPATLAL	FYLLB	<i>[Signature]</i>
41	141	LLB0842	SHAH UNNATI RAJIV	FYLLB	<i>[Signature]</i>
42	23	LLB0724	DAVE AKSHATA VISHWAJEET	FYLLB	<i>[Signature]</i>
43	104	LLB0805	PAREKH AASHIKA BHARAT	FYLLB	<i>[Signature]</i>
44	69	LLB0770	KARIA KRUTIKA SUNIL	FYLLB	<i>[Signature]</i>
45	9	LLB0710	BHAT OMKAR SANJAY	FYLLB	<i>[Signature]</i>
46	2	LLB0703	ARORA YASH JAGJIT	FYLLB	<i>[Signature]</i>
47	178	LLB0879	YADAV POOJA DEENANATH	FYLLB	<i>[Signature]</i>
48	23	LLB0543	DHABALIA DHWANIT VINODKUMAR	SYLLB	<i>[Signature]</i>
49	51	LLB0574	JOSHI RASHI GIRISH	SYLLB	<i>[Signature]</i>
50	121	LLB0651	SHAH NEEL ALPESH	SYLLB	<i>[Signature]</i>
51	67	LLB0589	MANEK CHAITALI DINESH	SYLLB	<i>[Signature]</i>
52	12	LLB0531	BRAHMBHATT VINIT TARUNKUMAR	SYLLB	<i>[Signature]</i>
53	40	LLB0563	GOEL ASTHA DILIP	SYLLB	<i>[Signature]</i>
54	30	LLB0731	DHAROD RAJ SUDHIR	SYLLB	<i>[Signature]</i>
55	71	LLB0772	KATKORIA BHAVINI NALIN	SYLLB	<i>[Signature]</i>
56	9	LLB0710	BHAT OMKAR SANJAY	SYLLB	<i>[Signature]</i>

[Signature]
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[Signature]
 PROF VARSHA VYAS
 GUEST LECTURE COMMITTEE CONVENOR



[Signature]
 V. R. Dube
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